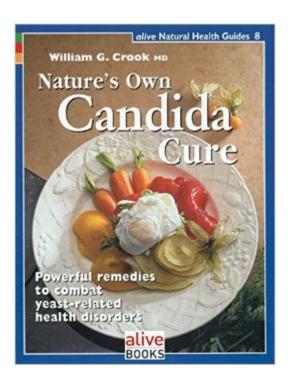
## The book was found

# Natures Own Candida Cure (Natural Health Guide) (Alive Natural Health Guides)





# **Synopsis**

Learn about the relationship of candida to chronic illness and ways to control candida and regain lost health. Includes lifestyle changes, dietary guidelines, and nutritious recipes illustrated by full color photos.

## **Book Information**

Series: Alive Natural Health Guides (Book 8)

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Average Customer Review: 3.3 out of 5 stars Â See all reviews (3 customer reviews)

Best Sellers Rank: #1,082,189 in Books (See Top 100 in Books) #54 in Books > Health, Fitness

& Dieting > Diseases & Physical Ailments > Candida #4802 in Books > Health, Fitness & Dieting

> Women's Health #11110 in Books > Cookbooks, Food & Wine > Special Diet

#### Customer Reviews

Good basic concepts and things you can do.

This book is very informative and easy to understand. I have suffered with Candida for years and this book along with Dr Crook's book The yeast connection has helped me get it under control naturally and has me feeling better.

based on a lie, the only people that get candida are those with extreme wasting disease

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